

Name: Adi Granat

Date: 07/2016

CURRICULUM VITAE AND LIST OF PUBLICATIONS

• Personal Details

Name: Adi Granat

Date and place of birth: 21/01/1972, Israel

Regular military service: 08/1990-02/1994

Address and telephone number at work:

Ariel University, Ariel

Tel: 03-9076542

Loewenstein Hospital Rehabilitation center, Raanana

Tel: 09-7709113

Address and telephone number at home:

Shraga Rafaeli 14/47, Petah Tikva

Tel: 054-2474788

• Education

B.A. - 1996-1999, Bar-Ilan University, Psychology (cum Laude)

M.A. - 1999-2001, Bar-Ilan University, Psychology (cum Laude)
(Rehabilitation-clinical psychology)

Ph.D- 1999-2004 , Bar-Ilan University, Psychology
(Direct Program for Ph.D. Studies)

Advisors: Prof. Feldman Ruth and Prof. Gilboa-Schechtman Eva.

Dissertation topic: Emotional Regulation Processes among Infants of
Mothers with Depressive and Anxious Disorders: Affective-
behavioral Aspects.



• **Employment History**

- 2009- present Lecturer, Arieal University, Ariel.
- 2005- present Instructor (psychotherapy and psychological test) in Clinical psychology and Neuropsychology, the Rehabilitation and Post Trauma Unit for children and adolescents, Loewenstein Hospital rehabilitation center, Raanana.
- 2003-2006 Internship in clinical psychology, Triest- Sharig psychotherapy Institut, Tel-Aviv.
- 2004-2005 Internship in clincal psychology, Abarbanel Psychiatric Hospital.
- 2002-2004 A psychologist, The National Institute for the Rehabilitation of Brain Injured, Tel- Aviv.
- 2002-2003 A psychologist, Anxiety and Post Trauma Unit, Schneider Children's Medical Center.
- 2000-2001 A psychologist, Oncology department, Hadassah Medical Center.

• **Educational activities**

(a) Courses taught

Psychiatric rehabilitation, MA students, Ariel University.

Children rehabilitation: Theory and Methods in psychotherapy, MA students, Ariel University.

(b) Research students graduat

2016- Sharon Sade- MA- Ariel University with Prof. Eli Vakil.

2016- Sivan Mittelman - MA- Ariel University.

2013- Hadass Porth- MA- Ariel University with Prof. Sara Ben David.

2013- Oran Hanuka Govrin- MA-Ariel University with Prof. Michael Dolgin.

2013-Lara Singer- MA- Loewenstein Hospital and Academit Tel-Aviv Yaffo with Dr.Tammy Peleg.

2013-Yael Gruber- MA- Loewenstein Hospital and Academit Tel-Aviv Yaffo with Dr.Tammy Peleg.

- **Awards, Citations, Honors, Fellowships**

1999-2003 - Bar-Ilan University – President Fellowship for outstanding doctoral students- 1000\$ per month.

- **Scientific Publications**

Articles

Granat, A., Gadassi, R., Gilboa-Schechtman, E., Feldman, R. (2016). Maternal depression and anxiety, Social synchrony, and infant regulation of negative and positive emotions. *Emotion*, DOI:10.1037/emo0000204.

Weisman, O., Granat, A., Gilboa-Schechtman, E., Singer, M., Gordon, I., Azulay, H., Kuint, J., & Feldman, R. (2010). The experience of labor, maternal perception of the infant, and the mother's postpartum mood in a low-risk community cohort. *Archives of women's Mental Health*, DOI: 10.1007/s00737-010-0169-z.

Feldman, R., Granat, A., Pariente, C., Kanety, H., Kuint, J., & Gilboa-Schechtman, E. (2009). Maternal depression and anxiety across the postpartum year and infant social engagement, fear regulation, and stress reactivity. *Journal of the American Academy of Child and Adolescent Psychiatry*, 48(9), 919-27.

- **Lectures and Presentations at Meetings and Invited Seminars not**

Followed by Published Proceedings

Granat, A. (2014, December). *Traumatic grieve in children: How to treat?.* Presented at the conference of the Israeli Association of rehabilitation psychologist, Bet- Oren.

Granat, A. (2013, January). *Treatment of children who lost both of them parents during car accident: Dilemmas, interventions and implications.* Presented at the conference about Loss, Bereavement and Human Resilience in Israel: Facts, Insights and Implications, Eilat.

Granat, A. (2012, January). *"When the worst is happening": Treatment with children who lost both of them parents during car accident.* Presented at the international conference about Trauma through the Life Cycle from Strengths Perspective, Hebrew University, Jerusalem.

Granat, A. (2010, February). *Mother-infant synchrony and infant emotion regulation among premature infants.* Presented at premature infants workshop for community nurses.

- Granat, A., & Verdi, M. (2009, November). *Behavioral sleep problems in children after car accident*. Presented at the annual meeting of The Israel Association of Physical Medicine & Rehabilitation
- Granat, A., & Verdi, M. (2008, December). *Complicated bereavement in children*. Presented at the annual meeting of The Israel Association of Physical Medicine & Rehabilitation.
- Verdi, M., & Granat, A. (2008, May). *Bereavement, Grief and Children*. Paper presented at the biannual meeting of Beterm-The National Center for Children's Safety & Health, Ramat-Gan.
- Granat, A. (2008, February). *The psychological influences of pregnancy and labor on women*. Presented at postpartum depression workshop for community nurses.
- Feldman, R., Granat, A., & Gilboa-Schechtman, E. (2005, April). *Maternal affective disorder, mother-infant synchrony and infant emotion regulation*. Paper presented at the biannual meeting of the Society for Research in Child Development, Atlanta, GA.
- Granat, A., Gilboa-Schechtman, E., Feldman, R., Merlov, P., & Kvint, J. (2004, July). *Reactions to complicated and uncomplicated childbirth: The moderating effects of emotional awareness and emotion regulation*. Poster session presented at the annual meeting of the International Society for Research on Emotions, New York
- Granat, A., Feldman, R., Gilboa-Schechtman, E., Kvint, J., & Merlov, P. (2004, January). *Postpartum depression, alexithymia and perception of parenthood*. Paper presented at the annual meeting of the Young Researchers Conference in Brain Research, Ein Gedi, Israel.
- Granat, A., Gilboa-Schechtman, E., Feldman, R., Merlov, P., & Kvint, J. (2003, December). *Alexithymia and the experience of childbirth*. Paper presented at the Rationality and Emotion Conference, Haifa, Israel.

• Research Grants

2013 – Ariel University –Research Grant from Research and
Development Authority

One Year - Total amount 1375\$

2015-present- Loewenstein Hospital.

• Present Academic Activities

Research in progress(with MA students)

1. Post traumatic symptoms and Post traumatic growth among parents whose child was injured in a motor vehicle accident: The role of attachment style and injury severity of the child.
2. Choosing parental coping style with a stress event last child: The influence of parent distress, personality characteristics and mental well-being of the parent.
3. Predictors for developing PTSD among children survivors of MVA.

Books and articles to be published

Granat, A., Feldman, R., & Gilboa-Schechtman, E., (in preparation). The effects of emotional experiences on the transition to motherhood.

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